

KIDformation

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HERE ARE A FEW HELPFUL HINTS TO DISCUSS WITH YOUR CHILDREN. IT IS IMPORTANT TO ARM YOUR KIDS WITH AS MUCH INFORMATION AS POSSIBLE TO HELP KEEP THEM SAFE.

INTERNET SAFETY

The internet can be a great way to get information, play games, or keep in touch with your friends and family. Following a few simple rules will help keep you safe when you're online.

- Keep your passwords secret. It's ok to write it down or tell a parent, but never tell anyone else.
- Ask a parent or guardian before you sign up for any website, and ask for help entering your information.
- Never post anything online that you would be embarrassed if people found out about.
- Don't talk to strangers online, and never give out personal information such as your full name, address, phone number or the school you attend.
- If you do meet someone on a website or game, be careful what information you share about not only yourself, but friends and family as well.
- Never make plans to meet someone you have met on the internet.
- People can pretend to be someone they are not on the internet. Just because someone seems nice does not mean you can trust him or her with sensitive information about yourself.
- Be nice when you are online - bullying is not appropriate in person or over the internet. If you are being bullied, tell a parent or teacher about it.
- Don't send e-mails or messages when you are upset. Wait until you calm down so you do not write something you will regret.
- If anything you see online makes you uncomfortable, ignore it and talk to your parent or guardian.
- Remember that the internet is public - nearly anything you post to a website can be found in the future.



FOR MORE FAMILY SAFETY TIPS, VISIT

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